

Day 01 Shrewsbury

37 Miles

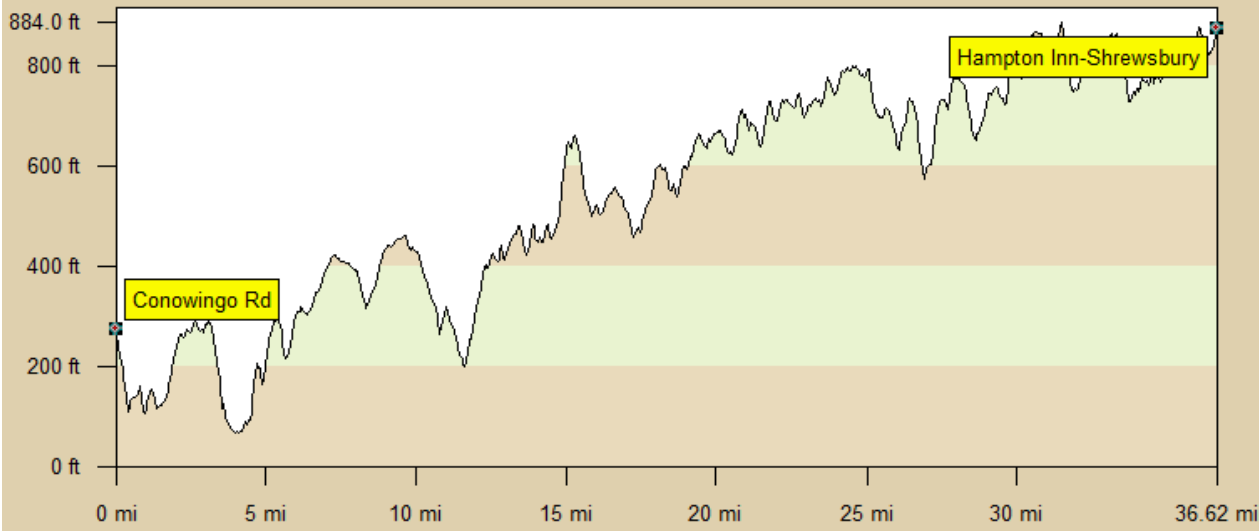
LEG	DIR	ROAD	TOTAL
	start	Spready Oak	
	S	US 1 (Conowingo Rd)	0.00
7.87	R	MD 440 (Dublin Rd)	7.87
1.42	KR	Deerfield Rd	9.29
0.72	KR	MD 136 (Whiteford Rd)	10.01
8.31	R	MD 624 (Graceton Rd)	18.32
0.30	KL	MD 624 (Graceton Rd)	18.62
1.01	S	PA 851 Graceton Rd	19.63
8.38	L	PA 851 Pleasant Valley Rd	28.01
2.58	R	PA 24 (S Main St)	30.59
0.10	L	W Pennsylvania Ave	30.69
0.15	R	PA 851 (N Hill St)	30.84
1.50	L	Five Forks Rd	32.34
1.32	R	Deer Creek Rd	33.66
1.01	L	SR 2078 Windy Hill Rd	34.67
0.16	KR	E Tolna Rd	34.83
0.51	R	Elm Dr	35.34
0.80	L	PA 851 (E Forrest Ave)	36.14
0.17	R	Wolfe Rd	36.31
0.14	L	Far Hills Dr	36.45
0.05	Finish	Hampton Inn 717-235-9898	36.50

LEG	DIR	ROAD	TOTAL

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Lin Dist:	36.6 mi
Terr Dist:	36.6 mi
Climb Di:	20.1 mi
Desc Dis:	16.5 mi
Elev Gai:	599.5 ft
Climb El:	3,867.3 ft
Desc Ele:	3,267.9 ft
Avg Grad:	3
Min. Elev:	66.4 ft
Max. Ele:	884.0 ft

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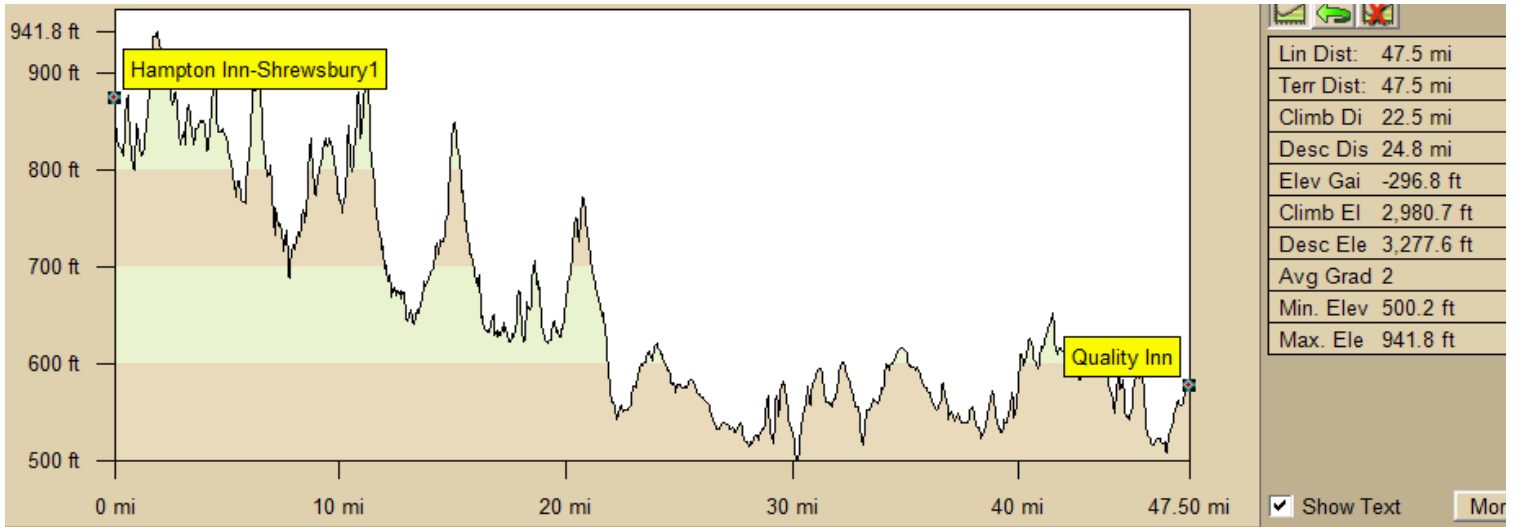
Day 02 Gettysburg

47 Miles

LEG	DIR	ROAD	TOTAL
		start Hampton Inn-Shrewsbury1	
	S	Far Hills Dr	0.00
0.05	R	Wolfe Rd	0.05
0.14	L	PA 851 (E Forrest Ave)	0.19
0.17	R	Elm Dr	0.36
0.79	KR	E Tolna Rd	1.15
0.93	L	SR 3001 (S Main St)	2.08
0.22	R	Constitution Ave	2.30
0.19	KL	N Constitution Ave	2.49
1.46	KR	E Main St	3.95
0.18	S	W Main St	4.13
0.06	KL	PA 851 (W Main St)	4.19
0.21	S	SR 3004 (Bowser Rd)	4.40
2.71	KR	SR 3011 (Hildebrand Rd)	7.11
1.33	KL	Bonnair Rd	8.44
0.95	R	PA 851 (Steltz Rd)	9.39
1.58	KR	PA 516 (Steltz Rd)	10.97
0.11	L	PA 216 (Blooming Grove Rd)	11.08
9.65	R	Grandview Rd	20.73
1.00	S	Ridge Ave	21.73
1.82	R	PA 194 (Broadway)	23.55
0.12	L	E Elm Ave	23.67

LEG	DIR	ROAD	TOTAL
0.70	S	W Elm Ave	24.37
1.11	S	PA 116 (Main St)	25.48
1.21	R	Centennial Rd	26.69
7.17	R	US 30 (York Rd)	33.86
0.05	L	Coleman Rd	33.91
1.70	KL	PA 394 (Hunterstown Hampton Rd)	35.61
2.27	S	PA 394 (Shrivers Corner Rd)	37.88
1.12	L	Goldenville Rd	39.00
2.32	L	Russell Tavern Rd	41.32
2.25	L	Mummasburg Rd	43.57
2.35	S	College Ave	45.92
0.08	L	W Lincoln Ave	46.00
0.12	R	N Washington St	46.12
0.42	S	S Washington St	46.54
0.64	KR	US 15 (Steinwehr Ave)	47.18
0.18		Finish Quality Inn 717-334-1103	47.36

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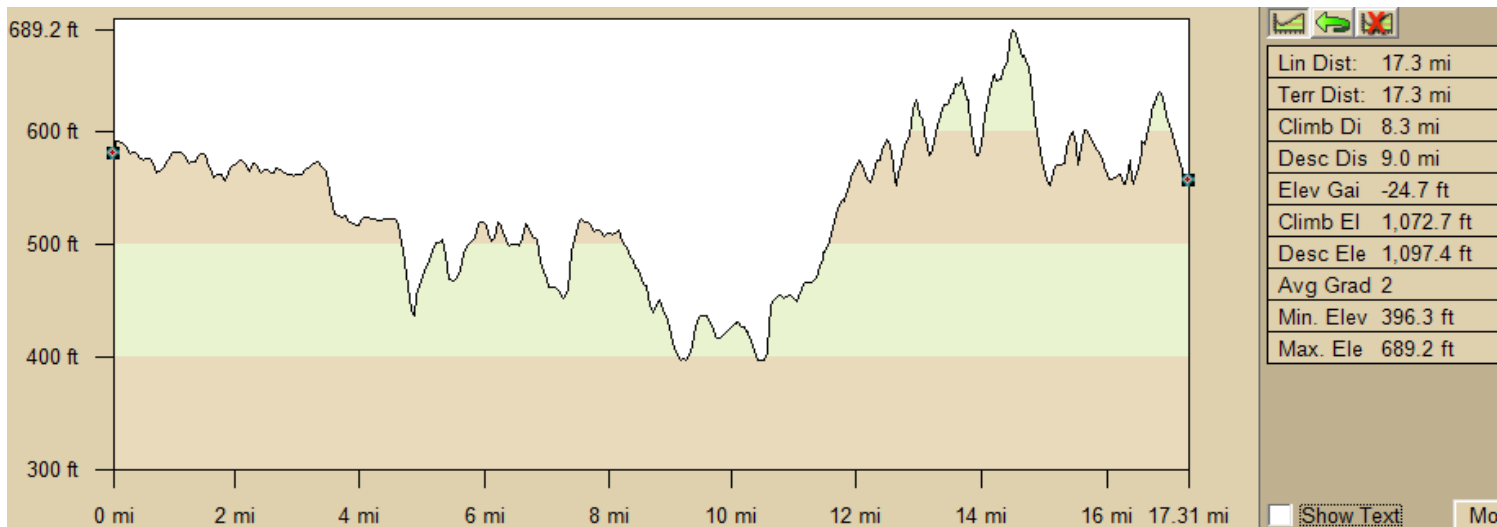


Day 03 Thurmont

17 Miles

LEG	DIR	ROAD	TOTAL	LEG	DIR	ROAD	TOTAL
		start Quality Inn-Gettysburg Motor Lodge					
	S	US 15 (Steinwehr Ave)	0.00				
6.23	S	US 15 BUS (Emmitsburg Rd)	6.23				
1.61	KR	US 15 BUS (Emmitsburg Rd) PA/MD	7.84				
0.04	KL	US 15A (Old Gettysburg Rd)	7.88				
2.78	R	Old Emmitsburg Rd	10.66				
1.20	S	Saint Anthonys Rd	11.86				
0.47	KR	Saint Anthony Rd	12.33				
0.26	KR	Kelbaugh Rd	12.59				
3.84	KL	local Rd @ Mink Farm Rd	16.43				
0.10	KL	MD 550 (N Church St)	16.53				
0.74	Finish	Rambler Inn 301-271-2424	17.27				

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Lin Dist:	17.3 mi
Terr Dist:	17.3 mi
Climb Di:	8.3 mi
Desc Dis:	9.0 mi
Elev Gai:	-24.7 ft
Climb El:	1,072.7 ft
Desc Ele:	1,097.4 ft
Avg Grad:	2
Min. Elev:	396.3 ft
Max. Ele:	689.2 ft

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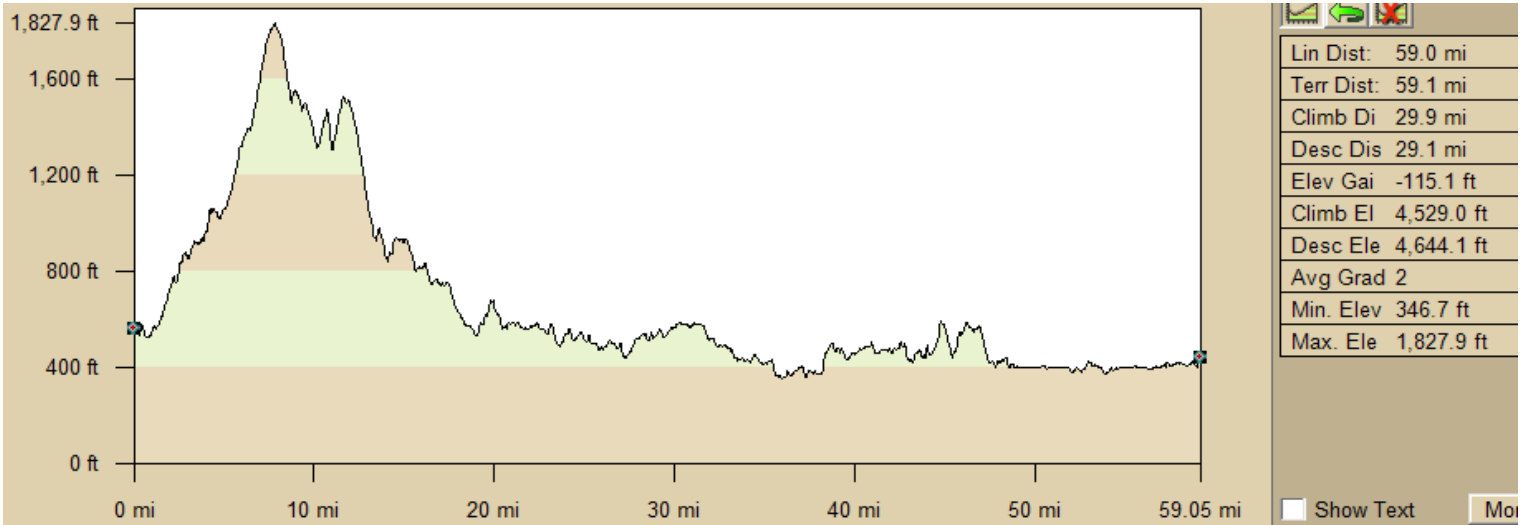
Day 04 Hancock

59 Miles

LEG	DIR	ROAD	TOTAL
		start Rambler Inn Thurmont	
	S	MD 550 (N Church St Sabillasville Rd)	0.00
0.27	R	N Altamont Ave	0.27
0.38	R	MD 77 (W Main St Rocky Ridge Rd)	0.65
3.10	L	Catoclin Hollow Rd	3.75
2.60	R	Fox Tower Rd	6.35
0.09	KL	Wigville Rd	6.44
1.33	KR	Tower Rd	7.77
0.19	L	John Draper Rd	7.96
1.01	S	Stottlemeyer Rd	8.97
0.33	R	Garfield Rd	9.30
2.57	KR	MD 17 (Wolfsville Rd)	11.87
0.00	S	Wolfsville Rd	11.87
1.52	KL	Federal Lookout Rd	13.39
0.61	L	Crystal Falls Dr	14.00
3.54	R	Mount Aetna Rd	17.54
2.77	L	White Hall Rd	20.31
2.09	R	Beaver Creek Rd	22.40
3.06	S	E Baltimore St	25.46
0.09	L	US 40A (Old National Pike)	25.55
1.05	R	Poffenberger Rd	26.60
1.69	S	Rench Rd	28.29

LEG	DIR	ROAD	TOTAL
2.03	R	MD 632 (Downsville Pike)	30.32
0.45	L	Sterling Rd	30.77
1.46	KR	Edward Doub Rd	32.23
0.33	KR	Doub Rd	32.56
0.03	R	Governor Lane Blvd	32.59
0.24	L	US 11 (Virginia Ave)	32.83
0.77	R	Milestone Ter	33.60
0.11	R	Hopewell Rd	33.71
0.79	L	Wright Rd	34.50
0.67	KL	Elliott Pkwy	35.17
0.13	R	Kemps Mill Rd	35.30
2.72	L	Pinesburg Rd	38.02
0.62	R	MD 68 (Clear Spring Rd)	38.64
1.58	L	MD 56 (Big Pool Rd)	40.22
7.71	KL	Big Pool WMD Access	47.93
0.45	S	WMD Bike Trail	48.38
10.00	R	Pennsylvania Avenue	58.38
0.10	L	MD 144 (Main St)	58.48
0.24	KR	Limestone Rd.	58.72
0.13		Finish Super8 301-678-6101	58.85

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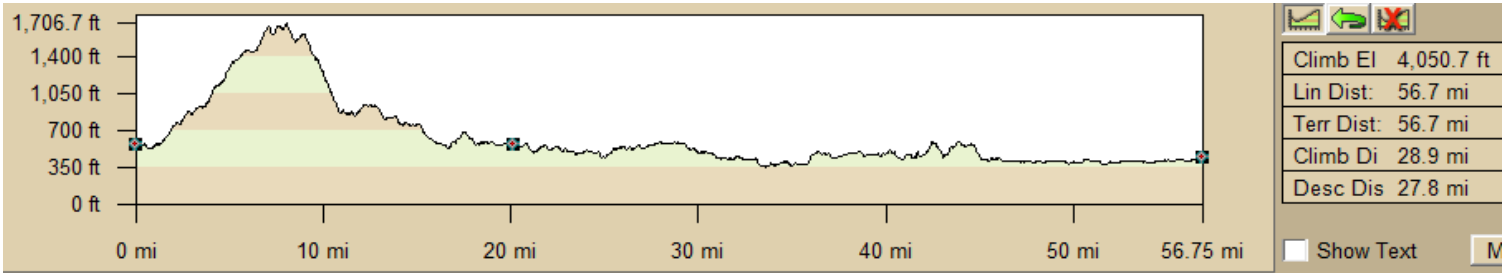
Day 04 Alt. Hancock

57 Miles

LEG	DIR	ROAD	TOTAL
		start Rambler Inn Thurmont	
	S	MD 550 (N Church St Sabillasville Rd)	0.00
0.27	R	N Altamont Ave	0.27
0.38	R	MD 77 (W Main St Rocky Ridge Rd)	0.65
10.10	L	Wolfsville Rd	10.75
0.31	L	Cavetown Church Rd	11.06
0.21	KL	MD 64 (Jefferson Blvd)	11.27
0.30	L	Crystal Falls Dr	11.57
3.57	R	Mount Aetna Rd	15.14
2.77	L	White Hall Rd	17.91
1.69	R	Splendor View Ter	19.60
0.52	R	Fieldstone Dr	20.12
0.13	R	Beaver Creek Rd	20.25
2.71	S	E Baltimore St	22.96
0.09	L	US 40A (Old National Pike)	23.05
1.05	R	Poffenberger Rd	24.10
1.69	S	Rench Rd	25.79
2.03	R	MD 632 (Downsville Pike)	27.82
0.45	L	Sterling Rd	28.27
1.46	KR	Edward Doub Rd	29.73
0.36	R	Governor Lane Blvd	30.09
0.24	L	US 11 (Virginia Ave)	30.33

LEG	DIR	ROAD	TOTAL
0.77	R	Milestone Ter	31.10
0.11	R	Hopewell Rd	31.21
0.79	L	Wright Rd	32.00
0.67	L	Elliott Pkw	32.67
0.13	R	Kemps Mill Rd	32.80
2.73	L	Pinesburg Rd	35.53
0.62	R	MD 68 (Clear Spring Rd)	36.15
1.58	L	MD 56 (Big Pool Rd)	37.73
7.76	L	Ernstville Rd	45.49
0.29	KL	To WMD Trail	45.78
0.15	S	WMD Bike Trail	45.93
10.10	R	Pennsylvania Avenue	56.03
0.10	L	MD 144 (Main St)	56.13
0.24	KR	Limestone Rd	56.37
0.13		Finish Super 8-Hancock 301-678-6101	56.50

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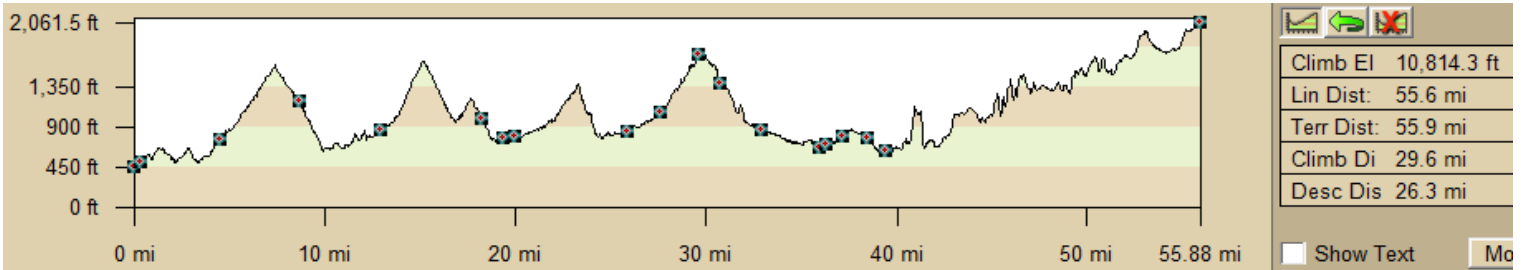
Day 5 Frostburg

55 Miles

LEG	DIR	ROAD	TOTAL
		start Super 8-Hancock1	
0.09	KR	US 522	0.00
0.03	R	MD 144 (W Main St)	0.03
3.48	KL	US 40 Scenic (National Pike)	3.51
15.40	R	MD 144 (National Pike Rd)	18.91
15.90	S	Old US 40	34.81
0.27	KR	Ali Ghan Rd NE	35.08
0.47	R	Christie Rd NE	35.55
0.12	L	Naves Cross Rd NE	35.67
0.10	S	US 220 (Naves Cross Rd NE)	35.77
0.46	L	Bedford St	36.23
2.39	L	N Mechanic St	38.62
0.10	R	Baltimore St	38.72
0.04	R	Great Allegheny Passage	38.76
11.70	R	Trimble Rd NW	50.46
0.17	L	Slabtown Rd NW	50.63
0.42	L	MD 36 (Mount Savage Rd NW)	51.05
0.30	KL	MD 638 (Parkersburg Rd NW)	51.35
1.91	KR	Porter Rd NW	53.26
0.14	L	Porter Rd NW	53.40
0.88	KL	Porter Rd SW	54.28
0.03	S	Sunset Dr	54.31

LEG	DIR	ROAD	TOTAL
0.04	S	Porter Rd SW	54.35
0.26	KR	Hoffman Hollow Rd SW	54.61
0.17	R	E Village Pkwy	54.78
0.35	L	MD 36	55.13
0.15		Finish Days Inn 301-689-2050	55.28

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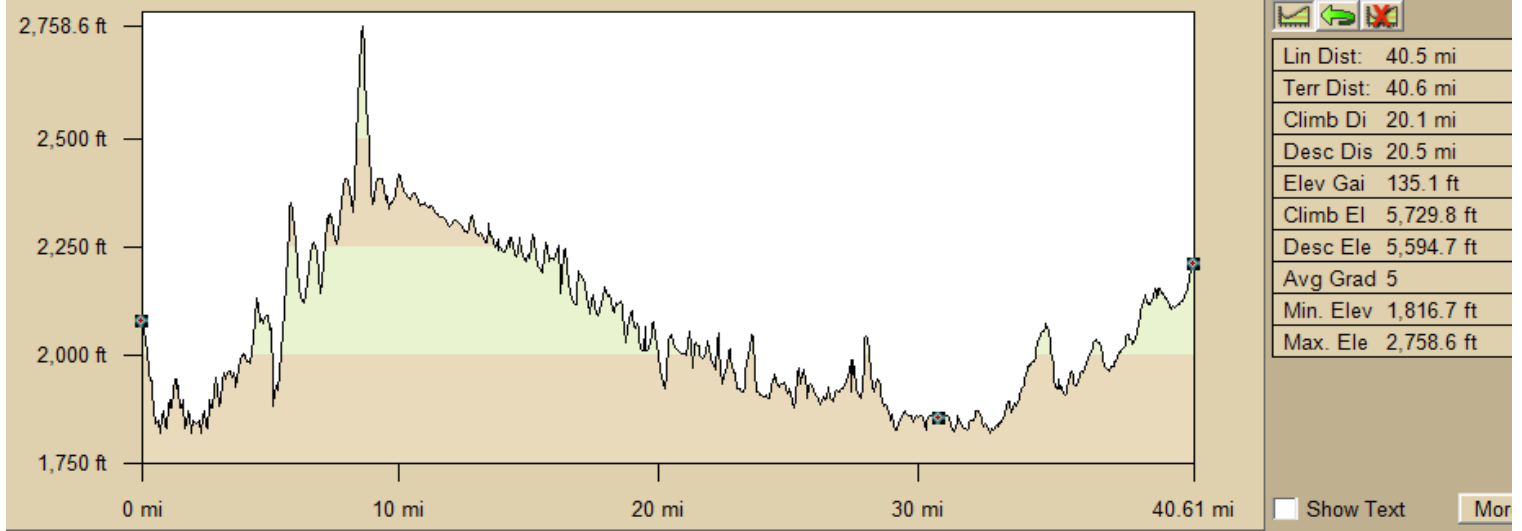
Day 06 Somerset

40 Miles

LEG	DIR	ROAD	TOTAL
		start Days Inn	
	S	US 40 Alt (SR 36 W Main St National Pike)	0.00
0.19	KL	Depot Rd	0.19
0.20	R	New Hope Rd NW	0.39
0.17	L	Great Allegheny Passage	0.56
30.60	R	Rockdale Rd	31.16
0.08	S	Bridge St	31.24
0.12	R	PA 653A (Water Level Rd)	31.36
1.40	KL	Water Level Rd	32.76
6.33	S	S Edgewood Ave	39.09
0.71	KR	Cannell Dr	39.80
0.13	L	S Center Ave	39.93
1.00	L	PA TPK Access Road	40.93
0.10	L	Tollgate Road	41.03
0.40	R	Laurel Crest Rd	41.43
0.10	Finish	Hampton Inn 814-445-9161	41.53

LEG	DIR	ROAD	TOTAL

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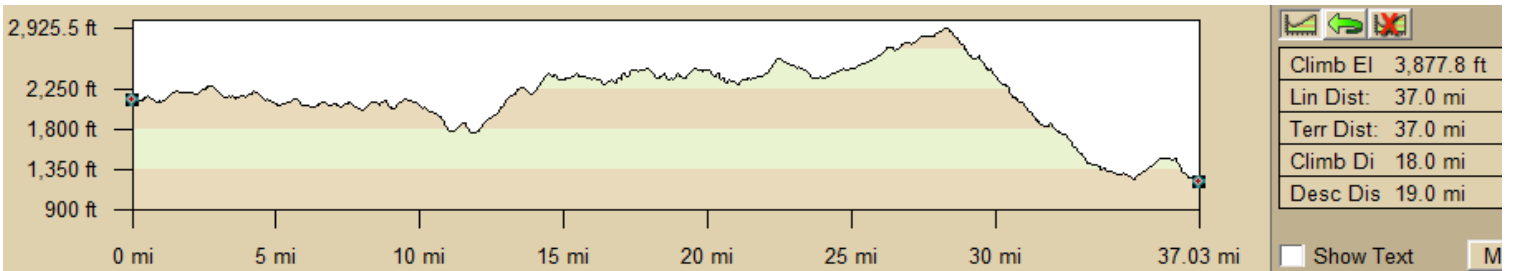


Day 7 Schellsburg

37 Miles

LEG	DIR	ROAD	TOTAL	LEG	DIR	ROAD	TOTAL
		start Hampton Inn					
	S	Laurel Crest Rd	0.00	6.53	R	US 30	22.15
0.23	KL	tollgate Rd	0.23	14.90		Finish Shawnee Motel 814-733-2828	37.05
0.11	R	Waterworks Rd	0.34				
0.23	L	PA 601 (N Center Ave)	0.57				
0.10	R	Snyder St	0.67				
0.25	KL	Forward Blvd	0.92				
0.06	R	Speicher St	0.98				
0.11	L	Middle Meadow Ave	1.09				
0.17	R	Lake Rd	1.26				
0.32	KL	PA 281 (Stoystown Rd)	1.58				
1.85	R	Listie Rd	3.43				
3.59	S	Coleman Station Rd	7.02				
1.20	L	Reffner Rd	8.22				
0.03	KR	Mostoller Rd	8.25				
1.05	S	Brownstown HI	9.30				
2.06	R	PA 281 (Stoystown Rd)	11.36				
0.34	KR	Ramp to US 30	11.70				
0.10	KR	US 30 (Lincoln Hwy)	11.80				
0.80	KR	Old Lincoln Hwy	12.60				
2.87	S	US 30 (Lincoln Hwy)	15.47				
0.15	R	Flight 93 Memorial Drive	15.62				

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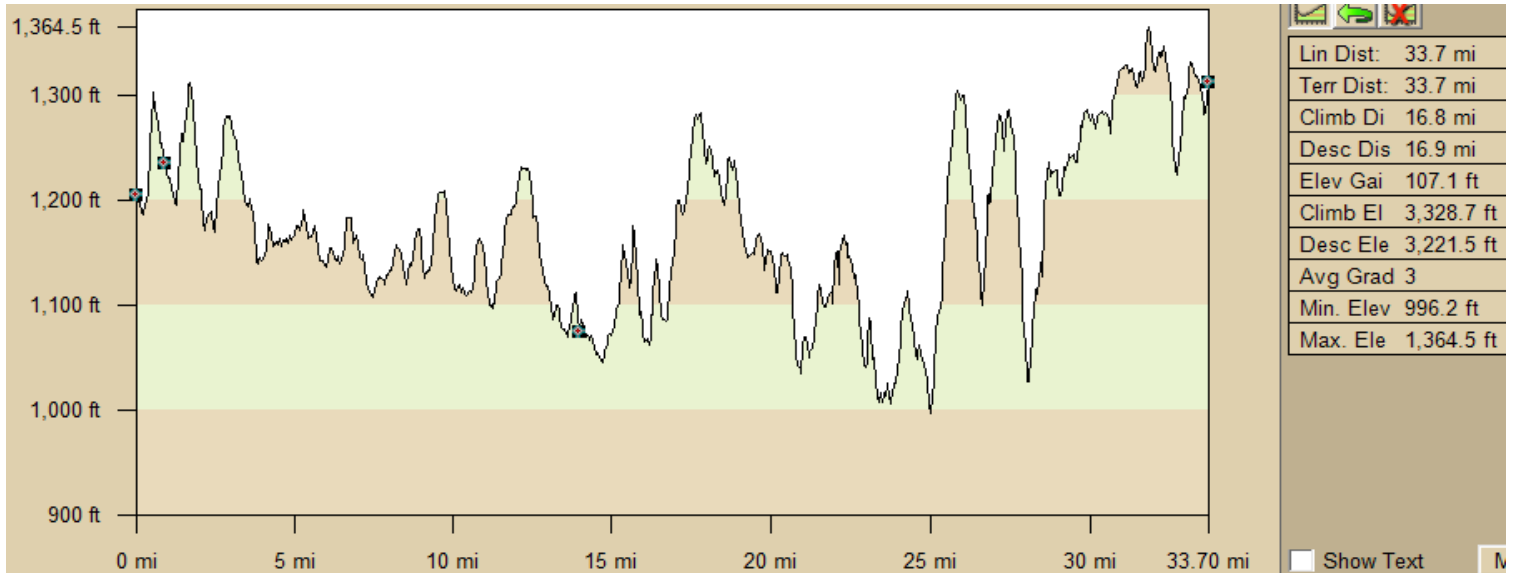
Day 08 Breezewood

34 Miles

LEG	DIR	ROAD	TOTAL
		start Shawnee Motel	
	S	US 30 (Pitt St)	0.00
0.77	R	State Park Road	0.77
2.19	L	PA 96 (Shawnee Rd)	2.96
1.24	KL	PA 31 (PA 96 Allegheny Rd)	4.20
1.78	L	PA 31 (Allegheny Rd)	5.98
3.43	KR	US 30	9.41
2.46	KR	Lincoln Hwy	11.87
0.87	S	Pitt St	12.74
1.71	S	Lincoln Hwy	14.45
0.78	S	US 30 ramp	15.23
0.02	S	US 30	15.25
0.24	R	PA 326 (Main Rd)	15.49
0.76	S	Egolf Rd	16.25
1.82	L	Lutzville Rd (Ott Town Rd)	18.07
1.92	KR	SR 1004 (Ashcom Rd)	19.99
3.89	KL	W 5th Ave	23.88
0.26	L	State St	24.14
0.08	R	PA 26 (E 4th Ave)	24.22
0.94	KL	SR 2020 (Winding Ridge Rd)	25.16
1.33	KL	SR 1006 (Ritchey Rd)	26.49
0.81	KR	SR 1026 (Pointer Rd)	27.30

LEG	DIR	ROAD	TOTAL
2.80	KL	SR 2029 (E Mattie Rd)	30.10
2.59	L	SR 2029 (Breezewood Park Rd)	32.69
0.63	R	US 30 (Lincoln Hwy S Main St)	33.32
0.22		Finish Holiday Inn Express-Breezewood2	33.54

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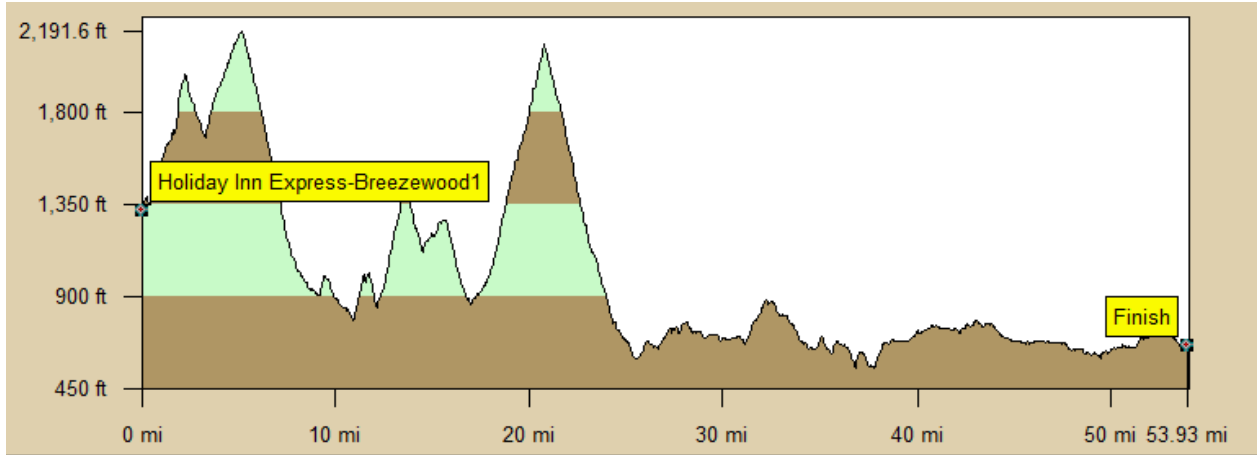
Day 09 Shippensburg

52 Miles

LEG	DIR	ROAD	TOTAL
		start Holiday Inn Express-Breezewood1	
	S	US 30 (Lincoln Hwy (S Main St))	0.00
15.10	L	SR 1004	15.10
1.98	S	PA 16 (Lincoln Way E)	17.08
0.55	S	Lincoln Way E	17.63
0.13	S	SR 1006 (Lincoln Way E)	17.76
1.29	R	US 30 (Lincoln Way W)	19.05
5.17	L	Main St	24.22
1.91	KR	Old 30	26.13
0.20	KL	US 30 (Lincoln Way W)	26.33
2.46	KL	Apple Way	28.79
1.67	S	Edenville Cheesetown Rd (Apple Way)	30.46
5.72	L	Edenville Rd	36.18
4.10	L	Gabler Rd	40.28
0.46	KL	Letterkenny Rd	40.74
2.52	S	Coffey Ave	43.26
1.48	S	PA 433 (Rowe Run Rd)	44.74
3.02	R	Pinola Rd	47.76
0.39	L	Rowe Rd	48.15
2.79	L	US 11 (W King St Molly Pitcher Hwy)	50.94
1.41		Finish Shippen Place Hotel 717-532-4141	52.35

LEG	DIR	ROAD	TOTAL

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Latitude: N40° 3.048'
 Longitude: W77°
 Lin Dist: 53.9 mi
 Terr Dist: 53.9 mi
 Climb Dist: 25.5 mi
 Desc Dist: 28.5 mi
 Elev: 657.5 ft
 Elev Gain: -654.1 ft
 Climb Elev: 5,242.1 ft
 Desc Elev: 5,896.3 ft
 Grade:3
 Avg Grade: 3
 Min. Elev: 549.3 ft

Reverse Clear Mo

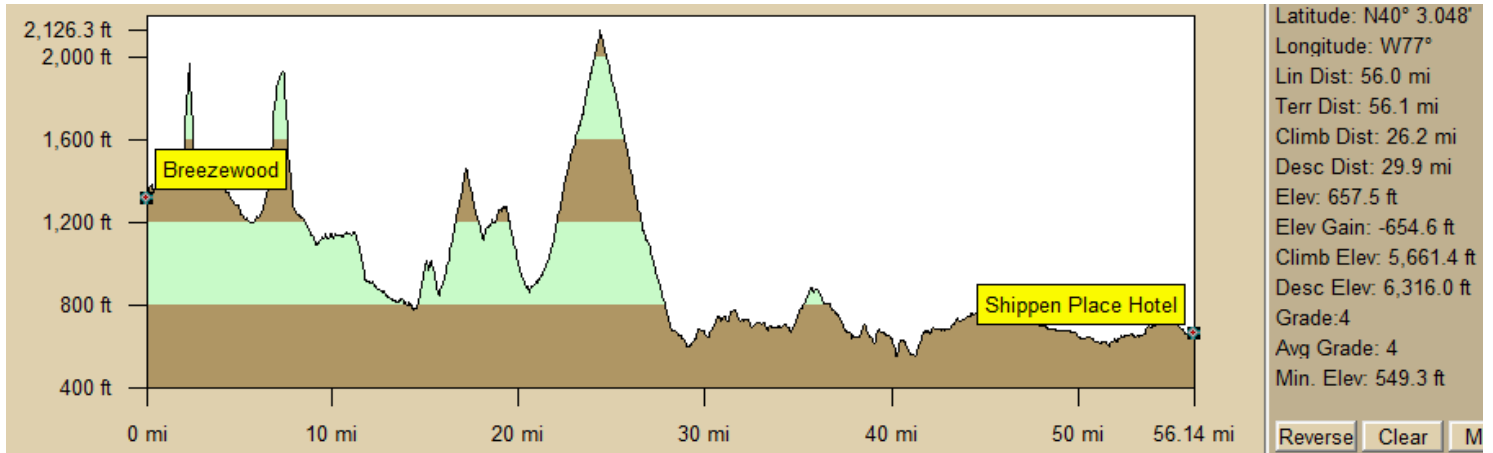
Day 09 Alternate: Bike Pike

56 Miles

LEG	DIR	ROAD	TOTAL
Holiday Inn Express			
	L	US 30 (Lincoln Hwy (S Main St))	0.00
0.42	KL	Abandoned Pa Tpke	0.42
8.47	<small>Keepleft (SE)</small>	Bike Pike access trail	8.89
0.08	R	Pump Station Rd	8.97
0.76	L	Laidig Rd	9.73
0.58	KR	SR 4007 (Little Egypt Rd)	10.31
1.10	KL	Lear Rd	11.41
0.26	KL	Back Hollow Rd	11.67
1.61	L	Township Road 411	13.28
0.05	S	Possom Hollow Rd	13.33
0.97	R	PA 655	14.30
0.10	L	US 30 (Lincoln Hwy)	14.40
4.25	L	SR 1004	18.65
1.99	S	PA 16 (Lincoln Way E)	20.64
0.55	S	Lincoln Way E	21.19
0.13	S	SR 1006 (Lincoln Way E)	21.32
1.29	R	US 30 (Lincoln Way W)	22.61
5.17	L	Main St	27.78
1.91	KR	Old 30	29.69
0.20	KL	US 30 (Lincoln Way W)	29.89
2.43	KL	Apple Way	32.32

LEG	DIR	ROAD	TOTAL
1.67	S	Edenville Cheesetown Rd (Apple Way)	33.99
5.73	L	Edenville Rd	39.72
4.13	L	Gabler Rd	43.85
0.48	KL	Letterkenny Rd	44.33
2.51	S	Coffey Ave	46.84
1.47	S	PA 433 (Rowe Run Rd)	48.31
3.02	R	Pinola Rd	51.33
0.39	L	Rowe Rd	51.72
2.78	L	US 11 (W King St Molly Pitcher Hwy)	54.50
1.41		Finish Shippen Place Hotel 717-532-4141	55.91

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Note: Bike Pike tunnels *beneath* the first two mountains (Rays Hill & Sidling Hill)

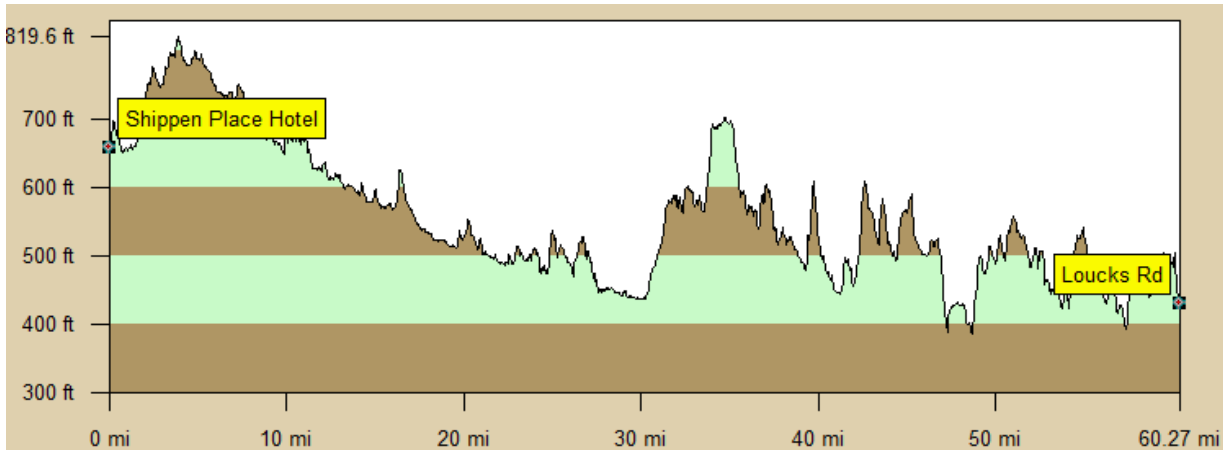
Day 10 York

60 Miles

LEG	DIR	ROAD	TOTAL
		start Shippen Place Hotel	
	S	US 11 (PA 533 (E King St))	0.00
0.79	S	PA 174 (Walnut Bottom Rd)	0.79
7.01	R	SR 3006 (Pine Rd)	7.80
0.30	L	SR 3006 (Pine Rd)	8.10
10.90	KL	Pine Rd	19.00
0.46	L	PA 34 (Holly Pike)	19.46
0.75	R	SR 174 (E Old York Rd)	20.21
1.62	R	Lerew Rd	21.83
1.27	KL	Park Dr	23.10
1.14	KR	Race St	24.24
0.22	KL	Front St	24.46
0.28	R	PA 174 (E 1st St)	24.74
0.92	L	Lutztown Rd	25.66
1.32	R	Leidigh Dr	26.98
0.86	KL	Kuhn Rd	27.84
0.23	KL	Creek Rd	28.07
1.86	R	PA 74 (York Rd)	29.93
0.91	R	Lynes Rd	30.84
0.74	KR	Camp Ground Rd	31.58
0.04	KL	SR 4045 (Camp Ground Rd)	31.62
1.53	L	Mountain Rd	33.15

LEG	DIR	ROAD	TOTAL
0.08	R	Range End Mnr	33.23
0.60	R	SR 4043 (Range End Rd)	33.83
2.22	S	Capitol Hill Rd	36.05
0.06	KL	SR 4043 (Franklin Church Rd)	36.11
4.03	S	Braggtown Rd	40.14
5.10	L	Germany Rd	45.24
1.66	KL	PA 234 (E Berlin Rd)	46.90
9.15	L	S Salem Church Rd	56.05
0.82	R	Taxville Rd	56.87
2.52	KL	Loucks Rd	59.39
0.93		Finish Wyndham Garden	60.32

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Latitude: N39° 58.272'
 Longitude: W76°
 Lin Dist: 60.3 mi
 Terr Dist: 60.3 mi
 Climb Dist: 26.7 mi
 Desc Dist: 33.1 mi
 Elev: 429.2 ft
 Elev Gain: -228.2 ft
 Climb Elev: 3,098.3 ft
 Desc Elev: 3,326.6 ft
 Grade: 2
 Avg Grade: 2
 Min. Elev: 385.8 ft

Reverse Clear Mc

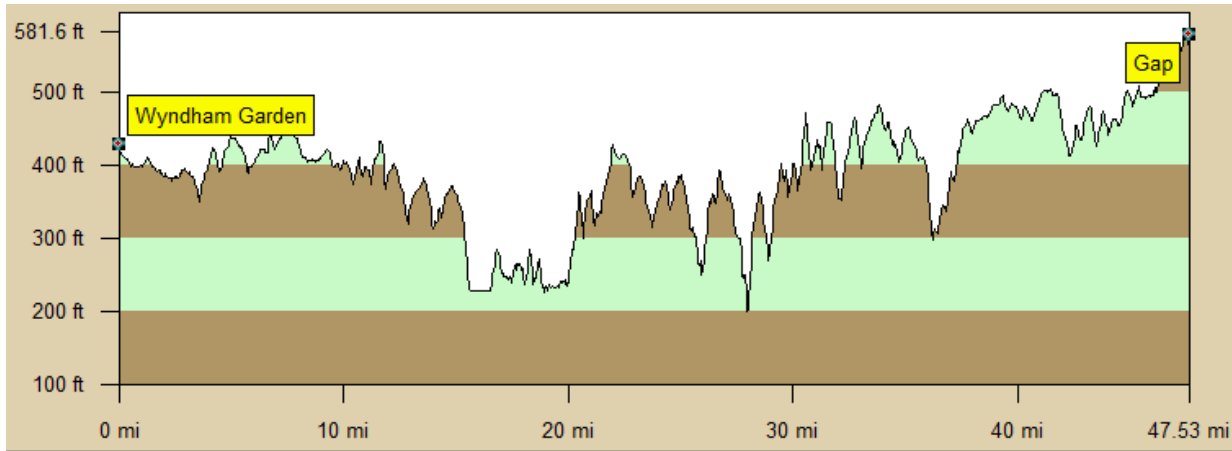
Day 11 Gap

47 Miles

LEG	DIR	ROAD	TOTAL
		start Wyndham Garden	
	S	Loucks Rd	0.00
0.65	R	Kenneth Rd	0.65
0.79	R	Apple Way	1.44
0.08	S	Marbrook Dr	1.52
0.10	R	SR 4001 (Roosevelt Ave)	1.62
0.52	KR	Fahs St	2.14
0.18	S	Roosevelt Ave	2.32
0.88	S	N Penn St	3.20
0.10	L	PA 74 (PA 462 (W Market St))	3.30
0.76	S	PA 462 (E Market St)	4.06
12.60	R	N 2nd St Columbia	16.66
0.10	R	Walnut St	16.76
0.13	L	N Front St	16.89
0.08	S	PA 441 (S Front St)	16.97
2.87	L	Charlestown Rd	19.84
4.34	R	Donerville Rd	24.18
0.59	L	PA 999 (Blue Rock Rd)	24.77
1.32	KR	N Duke St	26.09
0.76	L	W Frederick St	26.85
0.03	R	S Duke St	26.88
0.66	S	Slackwater Rd	27.54

LEG	DIR	ROAD	TOTAL
0.26	S	Stehman Rd	27.80
1.89	L	Stoney Ln	29.69
0.10	R	Kendig Rd	29.79
0.21	KL	Tanyard Rd	30.00
0.55	S	W Penn Grant Rd	30.55
2.82	S	E Penn Grant Rd	33.37
0.74	S	Penn Grant Rd	34.11
3.01	R	Hager Rd	37.12
0.17	L	Lime Valley Rd	37.29
0.20	KR	PA 741 (Miller St)	37.49
9.84		Finish Gap	47.33

---- Fold Here ----



Latitude: N39° 59.126'
 Longitude: W76° 1.069'
 Lin Dist: 47.5 mi
 Terr Dist: 47.5 mi
 Climb Dist: 24.3 mi
 Desc Dist: 22.3 mi
 Elev: 577.7 ft
 Elev Gain: 150.2 ft
 Climb Elev: 3,012.0 ft
 Desc Elev: 2,861.8 ft
 Grade: 2
 Avg Grade: 2
 Min. Elev: 199.4 ft

[Reverse](#) [Clear](#) [Mor](#)